

Year 11 BTEC Sport

BTEC Tech Award	Autumn	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic/Unit to be studied	Component 1: Learning aim C: Understand the use of technology for sport and activity		Component 3: Learning aim A: Understand the fundamentals of sport and activity leadership	Component 3: Learning aim B: Planning sessions for target groups	Component 3: Learning aim C: Delivering and reviewing sessions for target groups	Conclusion of specification
Core Knowledge and skills	<p>C1 Different types of technology in sport and activity Learners will understand the advances in equipment, the physical benefits of sportswear and the technology used to improve fitness for sport and activity. They will investigate the impact of technology on participation.</p> <ul style="list-style-type: none"> Different types of technology <p>C2 The benefits of technology on improving body systems for sport and activity Learners will develop an understanding of the benefits that technology can have on specific body systems.</p> <ul style="list-style-type: none"> The performer The coach/manager The officials <p>C3 Limitations of technology to sport and activity Learners will develop an understanding of the limitations of technology.</p> <ul style="list-style-type: none"> The performer The coach/manager 		<p>A1 Attributes of a leader Learners will explore the attributes of successful leadership by exploring different leadership skills and qualities.</p> <ul style="list-style-type: none"> Skills Qualities <p>A2 The benefits of participation in sport and activity sessions Learners will explore why it is important to provide sport and activity sessions. They will develop an understanding of the benefits that participants from different target groups can gain from taking part in sport and activity sessions.</p>	<p>B1 Target groups Learners need to examine the different groups of people that take part in sport and physical activities.</p> <p>B2 Types of sessions Learners should explore why the target groups require different types of sessions to engage them in repeat activity.</p> <ul style="list-style-type: none"> Fitness Sport Multi-activity <p>B3 Session plan Learners should plan a session that meets the needs of a chosen target group, and which gives them physiological and psychological benefits.</p> <ul style="list-style-type: none"> Plan Components of Session planning 	<p>C1 Delivering and Reviewing sessions for target groups Learners will explore and develop their skills for safely delivering the main components of sport and activity sessions with consideration to health and safety.</p> <ul style="list-style-type: none"> Key considerations for delivery and success <p>C2 Methods of reviewing Learners will gain an understanding of the review methods to include, when and where it would be appropriate to use each method, and the appropriateness of each method to allow reflection on</p>	

	<ul style="list-style-type: none"> The officials 	<ul style="list-style-type: none"> Physical benefits Psychological benefits 		<p>their session and future practice.</p> <ul style="list-style-type: none"> Methods of reviewing Considerations for review 	
Assessment	<p>Assignments completed in the last two weeks of the half term/term- marked and internally verified according to the internal Assessment Plan</p>				
Assessment for and of Learning	<ul style="list-style-type: none"> - Regular low stakes testing through Quizlets/Kahoots throughout lessons - Routine marking and feedback of key work 				