



ROSSETT SCHOOL LEARNING TRUST

Welcome to Rossett School 's Christmas Careers Bulletin!

It's nearly Christmas and time to wind down after a very busy term at Rossett. If you get fed up of relaxing(!) and have some time to spare over the holidays, why not use it to reflect, explore some careers ideas, write your <u>CV</u> or <u>covering letter</u>, plan some work experience or consider volunteering? If you need further help, why not ask your friends or family? Or make some notes and ask your school careers adviser for help in the New Year.

Explore Career Ideas

A career journey is a lifelong process and ,on average, people will change careers three or more times in their lifetime. Industries and jobs are continuously evolving, just as you will. The career you are interested in at your current stage of life may change as you grow and evolve as a person. When planning your career and future goals you might consider:

Being curious about careers! Look into the job market, trends, qualifications, and responsibilities of different careers. The National Careers service and Prospects websites provide free information to help you make informed decisions about learning, training and work at any stage of your career. Take a look at their guides to different careers:

National Careers Service - Explore Careers Prospects: Job Profiles Prospects: Job Sectors

If you are interested in an apprenticeship, you can browse to see which apprenticeship vacancies match your interests on the government's <u>Find an</u> <u>Apprenticeship</u> website or take a look at <u>Amazing</u> <u>Apprenticeships</u>.

DECEMBER 20TH 2024



Creating an Action Plan: Devise a plan that outlines your short and long-term goals and the steps you need to take to achieve them. Your plan should be flexible to allow for change as needed.

Set SMART goals: Specific, Measurable, Achievable, Relevant, Time-bound goals.

Thinking about how you could build experience through work or volunteering either now or in the future.

Work experience can not only help you to find out about a career, it can also provide you with handson experience, and give you a chance to check out the sort of tasks and environments you do and don't enjoy.

Many work experience opportunities are virtual and can easily fit in around other commitments. Springpod and The Forage offer virtual work experience. Check out the opportunities here: <u>Springpod Virtual Work Experience</u> <u>The Forage: Virtual Work Experience</u>

Once you are old enough, part-time work can give you some extra money and some valuable work experience for your CV, too. Retailers and the hospitality industry often recruit additional staff over the festive period, and who knows, it may even lead to a permanent role!





CAREERS BULLETIN



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Volunteering builds skills, enhances your CV, and makes a difference. December is a great time to volunteer, whether in charity shops, shelters, homes for the elderly or helping from home with tasks like social media, graphic design or marketing for non-profit organisations. Check out Roles for Young People | Harrogate & District Community Action.

Short Online Courses and Training

Why not spend those chilly winter days wrapped up with a mug of hot chocolate and work your way through some free online courses to broaden your skills and knowledge? Any learning or training will look impressive on your CV, apprenticeship, or university applications. Would you like to explore an introduction to psychology, or learn more about Social Media Marketing? Then why not explore the courses available to you at <u>Coursera - Free online</u> <u>courses</u>.

The Open University also offers a range of different free courses, from Money and Business to Nature and Environment. Access all courses here: **Open University - Course Catalogue**

DECEMBER 20TH 2024

Reflect on Your Achievements and Successes

Take some time to think about what you have accomplished this year. Perhaps you supported friends who were going through a hard time, started helping with chores at home, helped fix someone's car, worked hard to achieve the exam results you wanted, or perhaps you are particularly proud of a project or assignment.

Ask yourself:

- What am I most proud of?
- Have I made an impact?
- What improvements have I implemented?
- Have I taken on additional responsibilities?

Be proud of what yo<mark>u</mark> have achieved and recognise what you excelled at.

Recognise your skills and strengths

It is important to know what you are good at. If you're not sure, why not ask friends and family what they think your skills and strengths are.

Here are a few questions to ask yourself:

- What am I good at?
- What am I interested in?
- What motivates and excites me?
- What are my soft skills? (how you work, communicate, and interact with others)
- What compliments have I received?

You may like to try a skills or personality questionnaire – here are a couple you could try: National Careers Service Skills Assessment

<u>16 Personality Types Assessment</u>

Relax and Recharge

Spending some time thinking about the next steps in your career journey is a great way to invest in your future success, but it is also vitally important to prioritise self-care and rest over the holidays to ensure that you feel refreshed and motivated when you return to school in January!